

PURPOSE OF THIS DOCUMENT

This paper is intended to set out the rules governing the NHS Health Check dataset to help system suppliers with the input of data.

Patient identifiable data will not be collected in this dataset. It is therefore not possible within the parameters of the dataset to link data items together and establish absolute causality between having a NHS Health Check and onward referral/diagnosis. The purpose of the dataset is not to monitor every part of the NHS Health Check; instead, it is designed to ensure that we are able to measure the performance of the programme against its KPIs (Key Performance Indicators). Information will, however, be recorded as normal in the patient record which will allow clinicians to monitor the patient pathway.

The rules listed below are intended for use by system suppliers so that we are able to link data items together and reasonably conclude that they were part of the NHS Health Check. We recognise that we can never absolutely guarantee that the data items are linked and are a result of having a NHS Health Check in the dataset, however, the rules listed below should ensure that we capture the majority of the data we need.

PERSON OBSERVATION

Readings are recorded in the dataset for cholesterol level and ratio, physical activity level, cardiovascular risk score, blood pressure and BMI. All readings entered need to be new (with the exception of smoking status) and taken as part of the NHS Health Check (i.e. on or up to three months after the NHS Health Check assessment date). Readings taken before the date of the NHS Health Check assessment should not be used.

Smoking Status

Smoking status should only be recorded in the dataset if it has changed since the last assessment (i.e. if someone has always been a non-smoker and is still a non-smoker at the time of their NHS Health Check assessment, this does not need to be recorded).

INFORMATION AND ADVICE

Everyone attending a NHS Health Check assessment should be provided with general lifestyle information and advice on or within three months of the start date of the NHS Health Check.

Specific information and advice is given on weight management, smoking cessation and physical activity, to those who have been identified as needing it. This should be provided on or within three months of the NHS Health Check assessment date.

Signposting

The dataset collects information on people who have been signposted to weight management services, physical activity services and smoking cessation services. Signposting should be on or within three months of the NHS Health Check assessment date.

Referrals

The dataset collects information on referrals to lifestyle management services (weight management services, smoking cessation services, IFG/IGT lifestyle management services, physical activity services). Referrals to one of these services should be on or within three months of the NHS Health Check assessment date.

Diagnosis

The dataset collects information on the diagnosis of certain conditions (Chronic Kidney disease, type II diabetes, hypertension and non-diabetic hyperglycaemia). Diagnosis of these conditions should be on or within three months of the NHS Health Check assessment date.

Prescription

The dataset collects information on the prescription of statins and anti-hypertensives. Prescription of these medicines should be on or within three months of the NHS Health Check assessment date.